

# WCPSS Elementary School Activity Videos K-2<sup>nd</sup> Grade Page 1

Each day, try to select 3 videos and follow each teacher's directions to stay physically active. You may use the QR reader on a phone or visit the site at the bottom of the square. Write down which activities you do each day and try not to repeat them. On Friday of each week, scan or visit the link at the bottom of this sheet to share which activities you completed with your school's Physical Education teacher!

## ACTIVITIES FOR KINDERGARTEN-SECOND GRADE

Blue Squares are for Manipulative Skills Videos (kicking, throwing... etc), Green Squares are for Locomotor Skills Videos (Running, Jumping, Skipping... etc), Yellow Squares are for Fitness Videos (Moving to Stay Healthy)

If you receive the following notification...

Unable to play this video at this time. The number of allowed playbacks has been exceeded. Please try again later. it means there are too many people viewing a video at one time - just try again later if you wish to view.

<p>Choice 1</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity">https://tinyurl.com/wcpssc_ontinuity</a></p>	<p>Choice 2</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity2">https://tinyurl.com/wcpssc_ontinuity2</a></p>	<p>Choice 3</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity3">https://tinyurl.com/wcpssc_ontinuity3</a></p>	<p>Choice 4</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity4">https://tinyurl.com/wcpssc_ontinuity4</a></p>	<p>Choice 5</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity5">https://tinyurl.com/wcpssc_ontinuity5</a></p>
<p>Choice 6</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity6">https://tinyurl.com/wcpssc_ontinuity6</a></p>	<p>Choice 7</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity7">https://tinyurl.com/wcpssc_ontinuity7</a></p>	<p>Choice 8</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity8a">https://tinyurl.com/wcpssc_ontinuity8a</a></p>	<p>Choice 9</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity9">https://tinyurl.com/wcpssc_ontinuity9</a></p>	<p>Choice 10</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity10">https://tinyurl.com/wcpssc_ontinuity10</a></p>
<p>Choice 11</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity11">https://tinyurl.com/wcpssc_ontinuity11</a></p>	<p>Choice 12</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity12">https://tinyurl.com/wcpssc_ontinuity12</a></p>	<p>Choice 13</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity13">https://tinyurl.com/wcpssc_ontinuity13</a></p>	<p>Choice 14</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity14">https://tinyurl.com/wcpssc_ontinuity14</a></p>	<p>Choice 15</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity15">https://tinyurl.com/wcpssc_ontinuity15</a></p>
<p>Choice 16</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity16">https://tinyurl.com/wcpssc_ontinuity16</a></p>	<p>Choice 17</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity17">https://tinyurl.com/wcpssc_ontinuity17</a></p>	<p>Choice 18</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity18">https://tinyurl.com/wcpssc_ontinuity18</a></p>	<p>Choice 19</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity19">https://tinyurl.com/wcpssc_ontinuity19</a></p>	<p>Choice 20</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity20">https://tinyurl.com/wcpssc_ontinuity20</a></p>

On Friday of each week, scan this QR Code (or visit the link) to record which activity choices you have completed this week. Your answers will be shared with your PE teacher!



<https://tinyurl.com/wcpssccontinuityweeklylog>

# WCPSS Elementary School Activity Videos Page K-2<sup>nd</sup> Grade Page 2

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<p>Choice 26 *Special Needs Adaptation</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity26">https://tinyurl.com/wcpssc_ontinuity26</a></p>	<p>Choice 27</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity27">https://tinyurl.com/wcpssc_ontinuity27</a></p>	<p>Choice 28</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity28a">https://tinyurl.com/wcpssc_ontinuity28a</a></p>	<p>Choice 29</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity29">https://tinyurl.com/wcpssc_ontinuity29</a></p>	<p>Choice 30</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity30a">https://tinyurl.com/wcpssc_ontinuity30a</a></p>
<p>Choice 31</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity31a">https://tinyurl.com/wcpssc_ontinuity31a</a></p>	<p>Choice 32</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity32">https://tinyurl.com/wcpssc_ontinuity32</a></p>	<p>Choice 33</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity33">https://tinyurl.com/wcpssc_ontinuity33</a></p>	<p>Choice 34</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity34">https://tinyurl.com/wcpssc_ontinuity34</a></p>	<p>Choice 35</p>  <p><a href="https://tinyurl.com/wcpssc_ontinuity35">https://tinyurl.com/wcpssc_ontinuity35</a></p>
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# WCPSS Elementary School Activity Videos 3<sup>rd</sup>-5<sup>th</sup> Page 1

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## ACTIVITIES FOR THIRD-FIFTH GRADE

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